

Riverton Marching Band 2020

Protocols and Guidelines for the 2020 Season

Sources

- Information is based on the current state guidelines (Utah Leads Together 3.0 plan) on May 20th and as set forth at <https://coronavirus.utah.gov/>
- Information is based on the guidelines from National Federation of State High School Association (NFHS) and its Sports Medicine Advisory Committee (SMAC) at <https://www.nfhs.org/>.
- Information is based on JSD (Jordan School District) “Guidelines for Behind the Wheel”.

Primary Goal

- Our number one goal is for our students to be in a safe and healthy environment and to feel safe when returning to activities.

NFHS Risk Classification

Somewhere between moderate and low

Moderate Risk: Sports that involve close, sustained contact, but with protective equipment in place that may reduce the likelihood of respiratory particle transmission between participants OR intermittent close contact OR group sports OR sports that use equipment that can't be cleaned between participants.

Examples: Basketball, volleyball, baseball, softball, soccer, water polo, gymnastics (if equipment can't be sufficiently cleaned between competitors), ice hockey, field hockey, tennis, swimming relays, pole vault, high jump, long jump, girls lacrosse, crew with two or more rowers in shell, 7 on 7 football

Lower Risk: Sports that can be done with social distancing or individually with no sharing of equipment or the ability to clean the equipment between use by competitors.

Examples: Individual running events, throwing events (javelin, shot put, discus), individual swimming, golf, weightlifting, alpine skiing, sideline cheer, single sculling, cross country running (with staggered starts)

https://www.nfhs.org/media/3812287/2020-nfhs-guidance-for-opening-up-high-school-athletics-and-activities-nfhs-smac-may-15_2020-final.pdf

Health Department and Practice: Red Designation

- No practice can be conducted while a designated area is classified as red.
- Only on-line meetings are allowed.

Health Department and Practice: Orange Designation

- Pre-Screening performed before any practice.
- Only groups of 10 with masks may be in the band room or percussion room at a time or other locations of practice.
- No playing wind instruments in band room (must be done outside).
- Students will not share any instruments or equipment.
- Students are required to bring their own water bottle -- no drinking from fountains.
- Hand sanitizer available. Students must wash hands during breaks.

Health Department and Practice: Yellow Designation

- Pre-Screening performed before any practice.
- Up to 50 members may congregate in a group with masks. If students are playing inside they should remain at least 6 feet apart.
- Students will not share any instruments or equipment.
- Students are required to bring their own water bottle -- no drinking from fountains.
- Hand sanitizer available. Students must wash hands during breaks.

Health Department and Practice: Green Designation

- Pre-Screening performed before any training/practice
 - will follow changes advised by health department – screenings may cease
- Students may congregate in band/ percussion rooms. Masks should still be worn.
- Students will not share any instruments or equipment unless sanitizing between uses.
- Students are required to bring their own water bottle - no drinking from fountains.
- Hand sanitizer available. Students must wash hands during breaks.

General Precautions

- Follow Guidelines set forth by Utah Department of Health and Salt Lake County Health Department Guidelines set forth by Utah Department of Health and Salt Lake County Health Department including those at <https://coronavirus.utah.gov/>
- Symptom checking of participants (including staff);
- Participant removal from participation if symptomatic;
- Wearing of face coverings when not on the field/performance venue;
- Social distancing measures when not practicing/performing;
- Frequent hand washing/sanitizing

Participation Precautions

- Sick/stay at home or be removed from participation policy
 - Many members will feel obligated to attend in fear of letting down the band. Students and staff must remain home or be removed from participation if symptomatic of Covid-19 or if a participant's household member is infected.
 - Symptoms include:
 - Fever of 100.4 F or above
 - Cough (new, undiagnosed)
 - Trouble breathing/ shortness of breath (newly developed)
 - Sore throat
 - Sudden change in taste or smell
 - Muscle aches or pains (beyond general exercise)

Practice Precautions

1. Reusable / Cleanable facemasks will be provided and used when in close quarters and when we are not playing instruments. While playing wind instruments -- students will maintain a minimum 6 feet apart.
2. We will loosen our attendance policy (trusting that students will not take advantage). Anytime a student is feeling anything that could be a COVID symptom we will excuse them from rehearsal and/or performance.
3. Students will NOT share instruments, equipment, or hydration.
4. Small group work will be emphasized during “Yellow” times.

Practice: Sectionals in the Yellow

- Hornline: Uses band room, choir room, and parking lots during June
 - STARTS REHEARSAL IN PARKING LOT – NO INSTRUMENTS
- Colorguard: Uses the commons, must take equipment home
 - STARTS REHEARSAL IN COMMONS – NO EQUIPMENT
- Percussion: Percussion room, parking lots, grassy areas
 - STARTS REHEARSAL GETTING GEAR – MEETS NORTHSIDE AFTER
- All student work inside will be done in smaller groups.

June into July and August

- Camp Dates and Times
- June 8th – 11th – Spring Training
 - 9am – 2pm
- Summer Rehearsals Every Wednesday
- June 17, 24, July 1, 8, 15, 22
 - 9am – 1pm Percussion and Colorguard
 - 1pm – 3pm Hornline
- Band Camp July 29 – 31 and August 3 – 7
 - Strategies for Band Camp will be released as situation develops

Cleaning Instruments

•Cleaning the **Flute** Head Joint

- Using a cotton swab saturated with denatured, isopropyl alcohol, carefully clean around the embouchure hole.
- Alcohol wipes can be used on the flute's lip plate to kill germs if the flute shared by several players.
- Using a soft, lint-free silk cloth inserted into the cleaning rod, clean the inside of the headjoint.
- Do not run the headjoint under water as it may saturate and eventually shrink the headjoint cork.

•Cleaning Hard Rubber **Clarinet** and **Saxophone** (Ebony) Mouthpieces

- Mouthpieces should be swabbed after each playing and cleaned weekly.
- Select a small (to use less liquid) container that will accommodate the mouthpiece and place the mouthpiece tip down in the container.
- Fill the container to where the ligature would begin with a solution of half water and half white vinegar (50% water and 50% hydrogen peroxide works too). Protect clarinet mouthpiece corked tenons from moisture.
- After a short time, use an appropriately sized mouthpiece brush to remove any calcium deposits or other residue from inside and outside surfaces. This step may need to be repeated if the mouthpiece is excessively dirty.
- Rinse the mouthpiece thoroughly and then saturate with Sterisol germicide solution. Place on paper towel and wait one minute.
- Wipe dry with paper towel.
- Note: Metal saxophone mouthpieces clean up well with hot water, mild dish soap (not dishwasher detergent), and a mouthpiece brush. Sterisol germicide solution is also safe for metal mouthpieces.

•Cleaning **Saxophone** Necks (Crooks)

- Swabs are available to clean the inside of the saxophone neck. However, most saxophonists use a flexible bottlebrush and toothbrush to accomplish the same results.
- If the instrument is played daily, the saxophone neck should be cleaned weekly (and swabbed out each day after playing).
- Use the bottlebrush and mild, soapy water to clean the inside of the neck.
- Rinse under running water.
- Sterisol germicide solution may be used on the inside of the neck at this time, if desired (not necessary). Place on paper towel for one minute.
- Rinse again under running water, dry, and place in the case.

•Cleaning **Brass** Mouthpieces

- Mouthpieces should be cleaned monthly.
- Using a cloth soaked in warm, soapy water, clean the outside of the mouthpiece.
- Use a mouthpiece brush and warm, soapy water to clean the inside.
- Rinse the mouthpiece and dry thoroughly.
- Sterisol germicide solution may be used on the mouthpiece at this time. Place on paper towel for one minute.
- Wipe dry with paper towel.

Updating

- Because information is constantly changing, we will take measures keep up to date with the state website <https://coronavirus.utah.gov/>
- Additional guidance from the Utah State Board of Education and Jordan School District Administration will be implemented.